

POSITIVE

ATHLETICS

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Week of July 13th - July 17th

GROUP A

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:15 Announcements Warm Up / Stretch	9:00 - 9:15 Announcements Warm Up / Stretch	9:00 - 9:15 Announcements Warm Up / Stretch	9:00 - 9:15 Announcements Warm Up / Stretch	9:00 - 9:15 Announcements Warm Up / Stretch
9:15 - 9:45 * TIC-TAC-GO*	9:15 - 10:15 4 CORNER DODGEBALL	9:15 - 9:45 SOCCER	9:15 - 10:15 GATORBALL	9:15 - 9:45 FLAG TAG
9:45 - 10:45 * WHIFFLEBALL * * BASEBALL *	10:15 - 10:45 Indoor Games Break / Snack	9:45 - 10:15 Indoor Games Break / Snack	10:15 - 10:45 Indoor Games Break / Snack	9:45 - 10:15 Indoor Games Break / Snack
10:45 - 11:15 Indoor Games Break / Snack	10:45 - 11:30 * OVER/UNDER BALL * * HULA HOOP *	10:15 - 11:15 GYM BASKETBALL SKILLS & DRILLS	10:45 - 11:30 * WHIFFLEBALL * * BASEBALL *	10:15 - 11:15 INDOOR SOCCER
11:15 - 12:30 INDOOR SOCCER	11:30 - 12:30 LUNCH	11:15 - 12:15 LUNCH	11:30 - 12:30 LUNCH	11:15 - 12:15 LUNCH
12:30 - 1:30 LUNCH	12:30 - 2:00 GATORBALL	12:15 - 12:45 *HOCKEY DRILLS*	12:30 - 2:00 CAMPER'S CHOICE (in GYM)	12:15 - 1:15 * DODGEBALL *
1:30 - 2:30 FLAG FOOTBALL DRILLS & GAME	2:00 - 2:30 Indoor Games Break/Snack	12:45 - 1:45 * PRISON DODGEBALL *	2:00 - 2:30 Indoor Games Break/Snack	1:15 - 2:00 * CAMPER'S CHOICE *
2:30 - 3:00 Indoor Games Break / Snack	2:30 - 3:30 MONSTERBALL	1:45 - 2:15 Break / Snack	2:30 - 3:30 KICKBALL	2:00 - 2:15 Break / Snack
3:00 - 4:00 * PRISON DODGEBALL *	3:30 - 4:00 *DODGEBALL*	2:15 - 3:00 GYM KICKBALL	3:30 - 4:00 * CAMP GAMES *	2:15 - 4:00 * CAMP MOVIE * CAMPER'S CHOICE (Age Appropriate)
		3:00 - 4:00 * CAMPER'S CHOICE *		

COMMENTS:

EMERGENCY CONTACT CELLULAR TELEPHONE: (954) 687-4488 or (954) 647-2296