

POSITIVE

ATHLETICS

Week of July 29th - August 2nd

GROUP A

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:30 Attendance / Stretch	9:00 - 9:15 Attendance / Stretch	9:00 - 9:15 Attendance / Stretch	9:00 - 9:15 Attendance / Stretch	9:00 - 9:15 Attendance / Stretch
9:30 - 10:00 FLAG TAG	9:15 - 10:00 BASKETBALL	9:15 - 10:15 WALL BALL OUTDOOR COURTS	9:15 - 10:30 BASKETBALL	9:15 - 10:15 TOURNAMENT OF KINGS
10:00 - 10:30 Break / Snack	10:00 - 10:30 Break / Snack	10:15 - 10:45 Break / Snack	10:30 - 11:00 Break / Snack	10:15 - 10:45 Indoor Games Break / Snack
10:30 - 11:00 GUARD THE PIN	10:30 - 11:00 GUARD THE PIN DODGEBALL	10:45 - 11:30 TIC-TAC-GO	11:00 - 12:00 LUNCH	10:45 - 12:00 TOURNAMENT OF KINGS
11:00 - 12:00 LUNCH	11:00 - 12:00 LUNCH	11:30 - 12:30 LUNCH	12:00 - 1:00 CAMPER'S CHOICE (in GYM)	12:00 - 1:00 PIZZA PARTY by Positive Athletics
12:00 - 12:30 PRISON DODGEBALL	12:00 - 12:30 GYM GAMES	12:30 - 1:30 PRISON DODGEBALL	1:00 - 1:30 BATON RELAY	1:00 - 2:30 TOURNAMENT OF KINGS
12:30 - 1:30 FLAG FOOTBALL	12:30 - 1:30 MONSTERBALL	1:30 - 2:00 OUTDOOR COURTS LINE FLAG TAG	1:30 - 2:00 Break / Snack	2:30 - 3:00 Indoor Games Break / Snack
1:30 - 2:00 OVER / UNDER BALL RELAY	1:30 - 2:00 Break / Snack	2:00 - 2:30 Break / Snack	2:00 - 3:00 DODGEBALL	3:00 - 4:00 TOURNAMENT OF KINGS
2:00 - 2:30 Break / Snack	2:00 - 3:00 GYM KICKBALL		3:00 - 3:30	
2:30 - 3:00 GYM GAMES	3:00 - 3:30 Break / Snack		Break / Snack	
3:00 - 4:00 OBSTACLE COURSE RELAY	3:30 - 4:00 HULA-HOOP RELAY	2:30 - 4:00 SOCCER	3:30 - 4:00 FLAG TAG	THANK YOU FOR AN INCREDIBLE SUMMER SEE YOU JUNE 2025

COMMENTS:

EMERGENCY CONTACT CELLULAR TELEPHONE: (954) 687-4488 or (954) 647-2296